

# **Preparation for Higher Education**

## **Session 2 Aims**



## Aims of the Day: Session 2

### **By the end of the session you will have:**

- ❑ Reviewed what it means to be an adult learner**
- ❑ Identified your 'intelligence type'**
- ❑ Assessed your study skills strengths & weaknesses**
- ❑ Set up an 'Action Plan' of study skills targets**
- ❑ Identified & applied different reading strategies**
- ❑ Practised reading for comprehension & summarising.**