

Tutor Notes

'Speed-Dating' Exercise

Aims:

- This exercise is a quick, easy and light-hearted way for learners to introduce themselves to each other and help the group to form.

Learning outcomes:

By the end of this task, learners will have:

- Introduced themselves to at least 3 group members
- Asked & answered at least 3 of the set questions with each 'date'.

Resources: Handout: 'Speed-Dating' Questions

Activity:

Split the group into 2.

Move 1st group into an inner circle, who stand in a circle in middle of the room facing outwards.

Move 2nd group into an outer circle, who stand around inner circle, facing inwards.

Instruct the group to start 'Speed-Dating' conversations with the person facing them, using a selection of the questions on the handout.

Tutor times 2 minutes, then the outer circle move round 3 places & the conversations start again.

End when each has held 3 conversations.